

## Wapakoneta Middle School Track 2019

<b>Monday</b>	<b>3/4</b>	<b>Home</b>	<b>Practice Begins</b>	<b>3:15-4:45</b>
<b>Tuesday</b>	<b>3/5</b>	<b>Auditorium</b>	<b>Mandatory Parent Meeting</b>	<b>5:00</b>
<b>Wednesday</b>	<b>3/27</b>		<b>Pictures</b>	<b>3:15</b>
Thursday	3/28	Away	Tri @ St. Marys W/ Celina	4:30
<b>Monday</b>	<b>4/1</b>	<b>Home</b>	<b>New Bremen</b>	<b>5:00</b>
Saturday	4/6	Away	Panther Junior High Invitational @ Parkway (Best 4 in each event)	9:00 A.M.
<b>Monday</b>	<b>4/8</b>	<b>Home</b>	<b>Indian Lake</b>	<b>5:00</b>
Thursday	4/11	Away	@ Ben Logan Invitational (Best 2 in each event)	4:30
Monday	4/15	Away	@ Shawnee w/Ben Logan	5:00
Tuesday	4/23	Away	Bath Invitational (Best 2 in each event)	4:30
Thursday	4/25	Away	@ Waynesfield-Goshen w/Perry, USV, Jackson Center	5:00
Monday	4/29	Away	Tri @ St. Marys W/Spencerville	5:00
Friday	5/3	Away	@Shawnee Inv. (Best 2 in each event)	4:30
<b>Monday</b>	<b>5/6</b>	<b><u>All uniforms are to be turned into Mr. Crow or Mrs Zwiebel / Mr. Stiger.</u></b>		
		<b><u>Place your clean, dry uniform in a bag with your name on or in the bag.</u></b>		

- **Mandatory Parent Meeting Tuesday, March 5<sup>th</sup> in the Middle School Auditorium at 5:00 (after practice).**
- **Practice is from 3:15-4:45 Monday-Friday.**
  - If weather is good, you need to be at the track by 3:20 with all materials to take home.
  - If weather is bad, we will meet in the gym at 3:20.
  - Be prepared to practice inside or outside each day.
    - If you do not have warm clothing, you will be sent home.
- **Please make arrangements to pick up your child by 5:00.**
  - If we are outside, pick up will be at the Circular drive in front of the Middle School.
  - If we are inside, pick up will be on the East side of the building by the gym (door number 10)
  - The coaches must stay until the last athlete is picked up. We also have other responsibilities and would like to go home when practice is completed. Please make transportation arrangements for your child if you cannot be here on time.
- **To receive information throughout the season, join Remind.**
  - Use the link [remind.com/join/wapako](http://remind.com/join/wapako)
  - For smart phones, open web browser and go to [rmd.at/wapako](http://rmd.at/wapako) and follow instructions to sign up for Remind. You'll be prompted to download the mobile app
  - Text message "@wapako" to 81010 or (216)242-2109.
- **Pictures – Wednesday, March 27 at 3:15**
- **April 16 & 18** 7<sup>th</sup> & 8<sup>th</sup> graders will work the varsity meets. We will have practice before these meets. Athletes will need to work their assigned event from 4:00 until that event is completed.
  - Any parent who would like to help run an event, or time for any of the above meets, please contact Coach Crow.

- Athletes are expected to stay for the entire meet. They are a part of the team and need to be in the stands supporting their teammates.

- If you are taking your child home after an away meet, please give your coach a note stating your intentions.

- If there is no school, there is no practice or meets.
- If we have a 3 hour delay, practice will be from 4:15-5:45
- If we have an early dismissal, we will not have track unless notified by coaches.
- Results of meets may be found at Baumspage (<http://www.baumspage.com>)
- OHSAA video can be found at

[http://www.ihigh.com/wapakonetaredskins/video\\_896013.html](http://www.ihigh.com/wapakonetaredskins/video_896013.html)

SPORTSMANSHIP, ETHICS, AND ROLE OF PARENTS—

FREE COURSE AT [WWW.NFHSLEARN.COM](http://WWW.NFHSLEARN.COM), "ROLE OF PARENTS IN SPORTS", if you are interested

- WAPAKONETA HIGH SCHOOL TRAINING RULES AND CODE OF CONDUCT/ ELIGIBILITY

This information can be read at [www.wapak.org/Athletics](http://www.wapak.org/Athletics) (all paperwork you have read and signed along with physical forms prior to your child being allowed to participate)

- PLEASE NOTE THAT PARTICIPATION IN AN ATHLETIC PROGRAM CARRIES A RISK OF INJURY. THIS MAY INCLUDE, BUT IS NOT LIMITED TO, MINOR INJURIES, CONCUSSIONS OR MORE SEVERE AND/OR LIFE THREATENING INJURIES.

- All other OHSAA eligibility can be found at <http://www.ohsaa.org/eligibility/EligibilityGuide.pdf>

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- Place your clean, dry uniform in a bag with your name on or in the bag.